

CERTIFICATE OF PARTICIPATION

This is to certify that

Adri Van Heerden

Has successfully participated & completed the

5KM Prestige Trail Run Series #5 - Bonus Edition

held at Cowhouse Market.

TIME 01:40:23

PACE 20:03/km

OVERALL 88 of 88

GENDER 54 of 54

40 - 49 15 of 15

24 November 2019, Sun

Date



BoutTime

Signature

